

what's hot



loco for cocopani

Inspired by summer, sun, sand and ocean, model and interior designer Bianca Cheah's Cocopani beach accessories are perfect for a lazy day of lounging in style. With classic beach umbrellas and matching carry bags in striking prints and colours, fashion and function have never looked so good in the sweltering heat. www.cocopani.com.au

in-candle-scent

These beautifully-packaged scented candles from Seda France require no gift wrapping. Hand-poured by master chandlers and available in a variety of appealingly-named fragrances such as Japanese Quince and *Citron du Sud*, they will invariably keep your home burning bright and smelling sweetly aromatic. www.sedafrance.com



travel with trilogy

Packing for trips is made easier with this five-piece travel kit from eco-friendly, natural skincare brand Trilogy. The rosehip-based set comes with a travel-sized facial cleanser, exfoliant, moisturising cream, mist toner and body cream, along with an unbleached cotton travel bag to remind you that "you're gorgeous" as a bonus. www.trilogyproducts.com



mind into matter

International tax accountant turned entrepreneur Mike Dooley inspires readers to unlock their endless potential in the bestselling book, *Infinite Possibilities: The Art of Living Your Dreams*. Readers are encouraged to self-actualise their own happiness through the power of thoughts using tools and techniques that Dooley himself has employed to achieve success and fulfilment. www.beyondword.com



statement swimwear

Comprised of an eye-catching mix of bold colours and stylishly-cut prints, newly-launched swimwear line Mileti is making a splash in designer circles. Cut from high-performance Italian fabrics, their sexy bikinis, intricate one-piece suits and maillots are designed to flaunt curves and hold to the body like a second skin. www.miletiswimwear.com



spring spade

Melding together a bold palette of yellows, corals, blues and golds with sparkling gems, Kate Spade's latest collection of elegant-yet-functional accessories add a touch of simple sophistication to any outfit. www.katespade.com



mediterranean minx

Inspired by the vibrant romance of Spain and the minimalist androgyny of 1990s grunge, Charlotte Ronson's latest collection is full of feminine, flowing frills and slouchy, model-off-duty simplicity. Coming in hues of blue, ivory, clay and red, the Mediterranean-influenced range radiates understated glamour. www.charlotteronson.com

natural wonder

Elemental Herbology's new nourishing Botanical Body Repair oil is full of ingredients that will hydrate and soothe skin without making it feel greasy. Argan and rosa mosqueta oils are packed with moisturising vitamins, while the subtle scents of frangipani, jasmine and mandarin leave skin smelling fragrant and looking radiant. www.elementalherbology.com



spa style

Stylish yet understated, LisaT's newest beachwear line comes in a range of feminine silhouettes for the discerning fashionista. Ideal for travelling, the versatile designs are made of lightweight Italian viscose crepe and luxe knits, perfect for balmy holidays abroad. www.lisat-cashmere.com



what's happening



sacred journey

From May 16 to 23, vinyasa-inspired yoga instructor Wendy Wyvill, of Pure Yoga Hong Kong, is running a yoga and Ayurveda treatment retreat at the Barbery Beach Ayurveda Resort in Sri Lanka. Located in the picturesque coastal village of Weligama, the resort's Ayurveda physicians will prepare personalised purification plans for participants which include oil massages, herbal/steam baths and recommended foods. These treatments, combined with daily meditation and yoga, aim to lull physical, mental and spiritual states of being into a peaceful coexistence. www.pure-yoga.com



new space for traditional healing

Shakti Healing Circle in Hong Kong has moved into its new-and-improved location at 34 Wyndham Street in the Central area. A holistic healing centre that offers personalised individual and group sessions in a range of alternative wellbeing therapies such as Reiki and Qigong, the centre also offers regular weekly classes in kundalini yoga, Pilates and meditation. www.shaktihealingcircle.com

organic eating escape

Gwinganna Lifestyle Retreat on the Gold Coast, Australia is offering a new 'Nourish-the-me' specialty cooking and nutrition retreat for winter down under from June 10 to 13. Learn how to use seasonal ingredients to cook deliciously healthy and organic recipes in a scenic setting from resident chef Hermann Schafellner and therapeutic chef/nutritionist Samantha Gowring. The three-night package includes accommodation, all organic meals and snacks, two spa treatments as well as specialty sessions and activities. www.gwinganna.com



cruise to wellness

Throughout the month of June, Abercrombie & Kent will be offering three and four-night wellness cruises aboard the Sanctuary Yangzi Explorer, a 124-guest luxury vessel where private balconies can be found in all of its cabins and suites. While comfortably cruising along its namesake river, guests will have the opportunity to attend daily tai chi classes as well as learn about ancient Chinese medicine and healing practices such as reflexology, acupuncture and cupping from Dr Li Zhi Xing, who will also be available for private appointments at the onboard spa. www.abercrombiekent.com.au



master talks

Exclusive eco-luxury retreat Fivelements, Puri Ahisma, Bali has introduced a new series of wellness conferences and talks. Featuring well-respected global experts, the 'master series' will showcase discussions hosted by luminaries of alternative health practices, healing foods, medicinal herbs, meditation, yoga, healing arts, renewable energy, natural environments, eco-design and socio-cultural integration. www.fivelements.org



head for the hills

China resort Mission Hills is adding a new treatment to its already decadent menu. New Marine Comforting Protective Face Care is designed for sensitive skin post-sun exposure. It features a double massage using high-tech Cryogenic Globes and a soothing Cooling Face Mask. Perfect for the post-golf game this summer at any of their hotels. www.missionhillschina.com

